

List of Feelings

Happiness	Sadness/Depression	Anger	Fear	
✔ Relieved	✔ Flat	❖ Peeved	☹ Shy	🟢 Interested
✔ Refreshed	✔ Bored	❖ Bugged	☹ Startled	🟢 Surprised
✔ Glad	✔ Discontented	❖ Annoyed	☹ Uneasy	🟢 Astonished
✔ Pleased	✔ Resigned	❖ Ruffled	☹ Tense	🟢 Interested
✔ Amused	✔ Indifferent	❖ Harassed	☹ Concerned	🟢 Weak
✔ Content	✔ Apathetic	❖ Irritated	☹ Timid	🟢 Submissive
✔ Optimistic	✔ Numb	❖ Irked	☹ Apprehensive	🟢 Skeptical
✔ Calm	✔ Blue	❖ Frustrated	☹ Cautious	🟢 Sentimental
✔ Composed	✔ Gloomy	❖ Put-upon	☹ Pensive	🟢 Nurturing
✔ Comfortable	✔ Low	❖ Resentful	☹ Up-tight	🟢 Faithful
✔ Cool	✔ Sad	❖ Agitated	☹ Confused	🟢 Intelligent
✔ Secure	✔ Down	❖ Powerful	☹ Inferior	🟢 Worthwhile
✔ Relaxed	✔ Bewildered	❖ Used	☹ Foolish	🟢 Hopeful
✔ Confident	✔ Blah	❖ Betrayed	☹ Embarrassed	🟢 Appreciated
✔ Thoughtful	✔ Melancholy	❖ Cold	☹ Critical	🟢 Valued
✔ Responsive	✔ Deflated	❖ Bitter	☹ Contaminated	🟢 Respected
✔ Serene	✔ Slighted	❖ Disgusted	☹ Jumpy	🟢 Aware
✔ Delighted	✔ Tearful	❖ Ticked-off	☹ Alarmed	🟢 Creative
✔ Joyful	✔ Disappointed	❖ Mad	☹ Jittery	🟢 Amused
✔ Merry	✔ Slighted	❖ Smoldering	☹ Scared	🟢 Stimulated
✔ Tickled	✔ Disheartened	❖ Riled	☹ Brave	🟢 Energetic
✔ Glowing	✔ Discouraged	❖ Pissed-off	☹ Daring	🟢 Compassionate
✔ Festive	✔ Rejected	❖ Hot	☹ Frightened	🟢 Serious
✔ Frisky	✔ Hurt	❖ Contemptuous	☹ Fearful	🟢 Moody
✔ Spry	✔ Ashamed	❖ Animosity	☹ Threatened	🟢 Respectful
✔ Happy	✔ Depressed	❖ Jealousy	☹ Trembling	🟢 Ambitious
✔ Proud	✔ Lost	❖ Fed-up	☹ Trebly	🟢 Honored
✔ Joyous	✔ Miserable	❖ Mean	☹ Shaken	🟢 Serious
✔ Excited	✔ Regretful	❖ Spiteful	☹ Anxious	🟢 Nauseated
✔ Cheerful	✔ Ignored	❖ Angry	☹ Worried	
✔ Giddy	✔ Burdened	❖ Envious	☹ Nervous	
✔ Great	✔ Rotten	❖ Controlled	☹ Afraid	
✔ Playful	✔ Lonely	❖ Manipulated	☹ Insecure	
✔ Peaceful	✔ Unhappy	❖ Disrespected	☹ Hysteria	
✔ Thrilled	✔ Distressed	❖ Put down	☹ Embarrassed	
✔ Smitten	✔ Forlorn	❖ Enraged	☹ Confined	
✔ Elated	✔ Disrespected	❖ Fuming	☹ Stuck	
✔ Ecstasy	✔ Miserable	❖ Burning-up	☹ Vulnerable	
✔ Blissful	✔ Crushed	❖ Furious	☹ Dread	
✔ Sparkling	✔ Helpless	❖ Incensed	☹ Panic-stricken	
✔ Overjoyed	✔ Humiliated	❖ Infuriated	☹ Terrified	
✔ Radiant	✔ Worthless	❖ Destructive	☹ Horrified	
✔ Wonderful	✔ Abandoned	❖ Hate-filled	☹ Petrified	
✔ Fantastic	✔ Overwhelmed	❖ Explosive	☹ Shocked	
✔ Exhilarated	✔ Hopeless	❖ Rageful	☹ Trapped	
✔ Enthralled	✔ Lifeless	❖ Hostile	☹ Guilt	
✔ Appreciated	✔ Dead	❖ Livid	☹ Shame	
✔ Loved	✔ Grief		☹ Ashamed	
✔ Loving	✔ Resigned			
✔ Trusting	✔ Insignificant			
✔ Thankful				